PERSONAL DETAILS:

Name: Jawad Rasuli F/Name: Shah Pesand

Gender: Male Nationality: Afghan

CURRENT ADDRESS:

Sarak-e- Bostan, kabul-Afghanistan

CONTACT

+93 (0) 729305896 jawadrasuli26@gmail.com

SKILLS

- Leadership and Adaptably
- Working in a team
- Preservation and Flexibility
- Hard working and Responsibility
- Creativity
- Public speaking
- Facilitation
- Time management
- Presentation skills
- Organizational skills

OBJECTIVE:

Seeking a challenging position in a reputed organization where I can learn new skills, expand my knowledge ,leverage my learnings and To become member of a well-disciplined, proficient and vigorous organization where I could ascertain myself <u>career oriented</u>, <u>energetic</u>, and <u>self-motivated</u> with <u>strong communicational</u>, <u>interpersonal</u> and <u>analytical</u> skills.

RELEVANT EXPERIENCE:

ASCHIANA, Foundation Kabul,

Afghanistan

PSS Counselor January 2023 to August 2023

ASCHINAA foundation is the U.S Non -governmental organization that provide financial support to Aschiana in Afghanistan.

Duties included but were not limited to the following:

- Help children recognize their strength and find a way to solve their everyday problems.
- To help children learn to better cope with life and relationship issues and mental health condition.
- Talking, speaking ,playing or other activities to make the children express their feelings, thoughts and hopes.
- To have sessions with parents and make suggestions for finding different way to help their children and treat them as better as possible.

Researching Program Kabul, Afghanistan

Psychological researcher 2020

January 2020 to Apri

The program was setting up to make conversations and have counseling with Badam Bagh prisoners .

Duties included but were not limited to the following:

- To provide mental health counselling and make the prisoners to express the reason of their theft.
- Research in order to find the rate of children crime in capital compared with other city.
- Make a scientific report from their mental problems that make them criminals.
- Help teachers and university to record an efficient data from the mentioned prison in order to use them for psychological student.

1.1.1 ACADEMIC BACKGROUND:

Period	Degree / Department	Institution / Location		
2019–2022	Psychological Bachelor	Kabul University / Kabul - Afghanistan		
2005-2017	High School	Wahdat high chool /kabul- Afghanistan		

1.1.2 TRAININGS / WORKSHOPS ATTENDED:

Period	Workshop / Seminar Curriculum	Institute & Location	
2018	Academic writing	Kabul University, Kabul Afghanistan	
2019	The role of sleep Training	Kabul University, Kabul, Afghanistan	
2019	Self-esteem and prejudice Research	Kabul University, Kabul, Afghanistan	
2017	Effects of bad memories on intelligence Training	Kabul University, Kabul, Afghanistan	
2018	Social issues affecting children Training	Kabul University, Kabul, Afghanistan	
2019	Islamic psychology and western psychology Research	Kabul University, Kabul, Afghanistan	
2019	Crisis management course	Kabul University, Kabul, Afghanistan	
2019	Inter-provincial students debate convention	Kabul University, Kabul, Afghanistan	
2020	Mental heath, communication Skills Training	Kabul University, Kabul, Afghanistan	

1.1.3 COMPUTER SKILLS:

Period	Workshop / Course Curriculum	Institute & Location		
2019	Microsoft office programs	Hama-e-shamal, Kabul Afghanistan		
2019	SPSS Program	Kabul University, Kabul Afghanistan		

2018	AutoCAD(2D&3D)	Kabul University, Kabul Afghanistan
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1.1.4 LANGUAGES:

Languages	Reading	Writing	Speaking	Understanding
Dari	Fluent	Fluent	Fluent	Fluent
Pashto	Fluent	Excellent	Excellent	Fluent
English	Excellent	Excellent	Excellent	Excellent

1.1.5 REFERNCE:

1- Civil Engineer , qaderizainab34@gmail.com